

Alterations in Fibrous Network Topography Regulate Onset of Fibrotic Phenotypes in Annulus Fibrosus Cells

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Introduction

- Swelling of the nucleus pulposus of the intervertebral disc results in large residual strains in the outer annulus fibrosus [1,2].
- Mechanical microenvironments guide cell phenotype [3], but it is unknown if the prestressed environment of a healthy annulus dictates mechano-perception and phenotype.
- Here, we combined in vivo and in vitro systems to understand how residual strains in the disc facilitates contact guidance and how loss of residual strains initiates an aberrant response.

Methods

- In vivo/ex vivo studies were performed on New Zealand White rabbit lumbar spine discs. Annular puncture was conducted in the anterior AF [4]. Discs were assessed mechanically, histologically, and via second harmonic generation imaging (SHG).
- In vitro studies were conducted using electrospun PCL scaffolds seeded with bovine caudal annulus fibrosus cells. Cells were assessed in both free swelling and prestrained (9%) scaffolds to mimic the residual strains of the disc (or loss thereof).



Releasing Residual Strain

Release of residual strains leads to altered fiber morphology and compromised disc mechanics.



Fig 2. (Top) Ex vivo disc puncture viewed through a multiphoton microscope revealed immediate changes to fiber morphology compromised residual strains. indicating puncture acutely (Left) This vivo ех disc mechanics as compromises whole evidence by changes in the toe-region mechanics ($n \ge 3$ discs per group).

Contact Guidance and Fibrosis

• Release of residual strains in vivo leads to disorganized fiber networks and the emergence of fibrotic phenotypes.

dictate cell spreading (i.e., cell aspect ratio and area). Additionally, local fiber organization predicted mechanobiologic outcomes in focal adhesion formation and YAP/TAZ localization.

nuclear YAP/TAZ.

Contact guidance in highly organized environments suppresses emergence of fibrotic phenotypes

Fig 7. In agreement with the focal adhesion and YAP/TAZ outcomes, prestrain and baseline organization modulated the emergence of α SMA+ phenotypes, where prestrain in aligned environments suppressed this fibrotic phenotype (n = 6 scaffolds/group).

Fig 3. Survival following puncture injury led to a progressively more fiber environment (increased angular spread) of the AF and the emergence of fibrotic (i.e., phenotypes (n = 3)

In short, more aligned and organized fiber environments promote 1D cell elongation with low

Functional non-canonical amino acid tagging reveals association between local fiber topography and cellular activity.

Fig 8. Methionine was replaced by the methionine analog, L-Azidohomoalanine (AHA), in cell culture media and imaged through click chemistry (green). (Above) AHA staining revealed the extent of the fiber environment that cells have engaged with and deposited matrix on. (Left) the area of deposition was predicted well by the local fiber organization, where cells in more disorganized environments deposited more matrix.

Discussion

- Here, we presented evidence that release of residual strains triggers mechanobiologic responses of annulus fibrosus cells both in vivo and in vitro.
- Following release of residual strains, the emergence of fibrotic phenotypes in the AF accompanies progressive disorganization of the local fiber environment.
- In vitro analyses indicate that local fiber organization provides contact-guidance cues that alter cellular attachment and spreading to modulate the emergence of fibrotic phenotypes.

Altered mechanosensing in soft tissue degeneration

References & Acknowledgments

[1] Michalek et al. 2012, [2] Gardner-Morse and Stokes 2003, [3] Engler et al 2006, [4] Masuda *et al* 2005

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